Wonderful Wednesday Walk

Go for a 30 minute brisk walk with someone in your family (Stay at least 6 ft. away from anyone else outside)

While walking, you can use the following conversation starters:
• Describe what you like best about being home
• Describe what you are worried about
• Describe what you miss most about NOT having school?
• What is one thing you can share with your neighborhood that will not risk others this week?

Stay Healthy!!!! And Enjoy Your Walk!!!!

Adapted from Bottaro (2020)